

Aloe & Green Tea Moisturizing Gel

Article No. 03052 (240 mL/8 fl. oz.)

Aloe vera gel is well-known for its moisturizing and healing qualities. This product goes beyond aloe vera with antioxidant green tea extract and our exclusive blend of skin-pampering botanicals. A great all-over body moisturizer.

- Helps soothe dry chapped skin and relieves minor skin irritation, sunburn and windburn.
- Greaseless, non-staining formula.
- Moisturizes without oily film; quickly absorbed.
- Versatile: use under make-up, after shaving. Avoid direct contact with eyes.

Essential Ingredients

- **Aloe Vera Gel:** An excellent natural moisturizer; contains a synergistic balance of some 200 biologically-active compounds (such as enzymes) that scientists believe are responsible for its legendary healing qualities.
- **Green Tea Extract:** High in polyphenols, a group of phytochemicals with powerful antioxidant activity and possible bacteriostatic and antiallergenic properties.
- **Watkins exclusive blend of six botanical essences**

Hypericum Extract: An essential oil with antibacterial qualities; modern research has found it useful for softening skin and preventing age spots.

Cornflower Extract: Said to have tonic and stimulating properties; soothing qualities make it useful for cosmetic preparations.

Linden Extract: Has healing and emollient properties; a long history of use in poultices for treating skin irritations.

Matricaria (German chamomile) Extract: This variety of chamomile, also known as “true” chamomile, lends its soothing qualities to skin preparations. Used in ancient Arabia as a calming agent.

Calendula Extract: Has a reputation for reducing scars and soothing varicose veins, and as an ointment for skin irritations.

Chamomile (Roman) Extract: Like matricaria, Roman chamomile is one of the most important herbs for skin care; highly valued for its calming and antiseptic properties.



Green Tea and Oatmeal Soak and Exfoliator

The skin softening and exfoliating action of oatmeal with the softening and toning effects of green tea make your skin glow.

- 1 cup oatmeal
- 2 Tbsp **Watkins Aloe & Green Tea Moisturizing Gel**
- 2 teabags of **Watkins TheraTea®**, any flavor
(Use Mint & Lemongrass to stimulate)
(Use Vanilla for relaxation and stress relief)

Blend all ingredients and spoon into a muslin or cheesecloth bag, or use a knee-high nylon or a nylon that has been cut about 2 feet from the toe. Add to your bath or tie around the faucet and let the water flow through as you fill the bath. Soak for 10 to 15 minutes. After soaking, use the bag to cleanse and exfoliate skin. Before drying, remain in the shower or bath and moisturize with Watkins Aloe & Green Tea Nourishing Hand & Body Lotion or Watkins Vanilla Hand & Body Lotion. Rather than drying with a towel, wrap a warm cotton robe around your body to allow moisturizer to soak into warm, moist skin. Make a fresh bag for every bath.

Testimonial—

Individual results may vary.

“Watkins Aloe & Green Tea Moisturizing Gel works wonders on sunburn. A friend burned his entire back and shoulders, so my daughter applied aloe gel three times a day. It was instantly soothing and the skin never peeled.”

—Sherry Welch, Iowa