

Rejuvenating Peppermint Foot Cream

Article No. 03107 (240 mL/8 fl. oz.)

Our original rich, skin-softening formula wakes up the most tired, aching feet with stimulating peppermint oil. Our most fragrant, minty formula ever!

- Unique blend of peppermint oil, natural moisturizers and therapeutic botanicals.

Use optional pump dispenser (Article No. 06161)

Essential Ingredient:

- **Peppermint Oil:** credited with refreshing, cooling, bactericidal, and anti-irritant properties. Applied to the skin, peppermint can relieve pain and itching and reduce sensitivity. Contains more than 50% menthol.

Ultimate Foot Spa (Part II)

- After a good exfoliating scrub in warm water using Watkins Invigorating Foot Scrub (Indulgences, page 21), dry your feet and toes well, cut toenails and file smooth with emery board.
- Every night, massage Watkins Rejuvenating Peppermint Foot Cream into the feet to keep heels from cracking and to protect the skin. Massage from toes to calves in an upward motion to stimulate circulation. For very dry feet, follow this step before bed and slip on a pair of cotton socks.
- Foot odor happens when the feet are moist and warm and sweat cannot evaporate. It is better to air your feet than to bombard them with too many strong scents and perfumes. Watkins Rejuvenating Peppermint Foot Cream helps to reduce odors.
- Be sure to wear proper shoes which fit the shape of your feet. If you have a wide foot you should avoid narrow pointed shoes. This will squeeze the toes and make you prone to corns and painful bunions, often requiring corrective surgery. If you have a high arch you may need to consider custom-made arch supports.



Testimonial —

Individual results may vary.

“Before using Watkins Peppermint Foot Cream, my feet were very dry and cracked. Now they are soft and smooth. Plus, after I have been on my feet, the Peppermint Foot Cream makes my feet feel so relaxed and refreshed. It’s a great product!”

— Tracy Altic, Kansas