

Garlic Oil Softgels

(U.S. product)

Article No. 01465 (60- to 120-day supply)

For centuries, mothers and herbalists have prescribed garlic in large quantities at the first sign of almost any illness. Today we are finding that garlic may indeed have great benefits for the heart and circulation. It contains many major nutrients, as well as phytonutrients that slow aging and help maintain optimal health.* Garlic has been studied for its benefits in enhancing immunity and promoting healthy cholesterol levels and blood pressure.* Unfortunately, most of us don't eat nearly enough garlic in our normal diets to be of maximum benefit. Our Garlic Oil Softgels contain a full gram of garlic oil each, together with parsley seed oil and chlorophyll to help minimize any breath odor. 120 softgels; one or two per day.

- **Garlic oil:** Contains potassium, phosphorus, B-complex vitamins, vitamin C and calcium.
- **Parsley and chlorophyll:** Help minimize any aftertaste or breath odor caused by the garlic; parsley contains natural chlorophyll, which is known to eliminate odor (see our Watkins Breath Purifier).
- **Softgels:** Easy to swallow; a convenient way to add garlic to your diet.
- **Pure/all natural:** No preservatives, artificial color or flavor; no added sugar (has naturally occurring sugars); no added starch (has naturally occurring starch).

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Supplement Facts

Serving Size 1 to 2 Softgels
Servings per container 60 or 120

	Amount per softgel	%DV
Garlic Oil (equivalent to)	1000 mg	†
Chlorophyll	2 mg	†
Parsley Seed Oil (equivalent to)	66 mg	†

†Daily Value (DV) not established

Other Ingredients: Refined soybean oil, gelatin, glycerin, water

Directions: For adults: take one or two softgels daily or as directed by your doctor.

Testimonial —

Individual results may vary. Consult your physician before taking any dietary supplements.

“Watkins Garlic Oil Softgels have enabled me to control my blood pressure without medication.”

— **Ron Losey, Kentucky**