

Vision Loss

Cause: Vision loss that comes with age is generally the result of free-radical damage, which is caused by unstable oxygen molecules that attack the sensitive cells of the eye.

What May Help: Watkins Eye Care Formula (Watkins Vision)

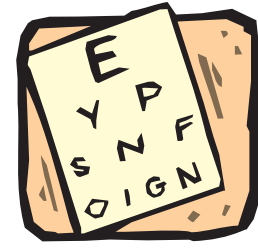
Why: Contains an eye-popping array of antioxidants that specifically target the eye and protect from free-radical damage.

Vitamins C, E, selenium and carotenoids neutralize the free radicals linked to macular degeneration and other degenerative eye disorders.

Lutein and zeaxanthin (found in marigold) protect the eyes, and especially the macula by filtering out the sun's harmful ultraviolet rays.

Zinc and taurine are key to the health and function of the retina.

Bilberry contains potent antioxidants and enhances blood flow to the retina.



What May Help: Watkins Superfood Multiple (Super Multi) and Fruit/Veggie Complex (Watkins Harvest)

Why: Contains additional vitamins and antioxidants to maintain healthy vision.

Helpful Hint: People with blue or green eyes need to be especially careful. They are particularly susceptible to the sun damage that can cause macular degeneration.

Testimonials—

These are personal testimonials. Individual results may vary. Consult your physician before taking any dietary supplements.

“After having taken prescription steroids, I started to develop glaucoma and cataracts. I began taking **Watkins Eye Care Formula**, and my next test showed no glaucoma and no cataracts, as well as improved eyesight! At over 65 years old, I now rarely ever wear glasses and I can read signs with no glasses when others can't see them with glasses.”

— **Sondra Schimming, Kansas**

“In 1991 I lost the vision in my left eye due to macular degeneration and 1998 I developed it in my right eye. I started taking **Eye Care Formula** in 2002, and since that time my vision has improved in my right eye from 20/60 to 20/40. I will never quit taking Watkins Eye Care Formula.”

— **Janet Howard, Kansas**

“One year after using **Watkins Eye Care Formula**, my ophthalmologist declared that my cataract had not grown and that I had a dramatic improvement in my vision. It was the first time in 50 years that my vision had improved, and the doctor has been prescribing weaker glasses each year of the five years that I have been using Watkins Eye Care Formula!”

— **Ellie Golding, Oregon**

“I had my eyes checked in May of 2000 and had to get new glasses. The doctor also discovered a very small cataract on my right eye. He told me it did not need treatment at that time. In May of 2001 I went back for my yearly checkup and I did not need any correction in my glasses, and the cataract was just the same as one year ago. I returned for my yearly exam in May 2002 and the doctor could not find any signs of the cataract. **Watkins Eye Care Formula** is a great product.”

— **Bob Paton, Kansas**

More Testimonials on Back

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease. In Canada, this information is provided for educational purposes only. No claims are being made for any product.

WATKINS

Vision Loss cont'd

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“My eyes had become so light-sensitive that headlights of oncoming cars blinded me. My wife, Fran, was about to revoke my driving privileges after a number of close calls. Two weeks after beginning **Watkins Eye Care Formula**, my night vision had been fully restored to a healthy level. My eyes are no longer nutrition-starved, and I can drive safely at night again.”

— **Doug Daisey, New Jersey**

“After taking **Watkins Eye Care Formula**, my husband, Duane, and I noticed a difference right away. When Duane went to the eye doctor for a checkup, his eyes had actually improved. He got a prescription for less strength, rather than more strength, which was usually the case. The doctor was so impressed, he wanted to know what Duane was doing, and of course, we told him about Watkins Eye Care Formula.”

— **Lois Shuck, Kansas**

“Over the years I've had to have laser treatments on my eyes due to diabetes. Since taking **Watkins Eye Care Formula**, I've had no laser treatments, no change in my glasses, and I've been able to stretch my checkups from every 4 months to every 9 months. My doctor at the University of Iowa is very impressed!”

— **Carol Messer, Iowa**