



If you would like information on any of these common ailments or discomforts, place a (✓) beside the ailment that interests you and pass along to your Watkins Associate, who will provide you with the information requested.

- Allergies
- Behavioral Problems
- Blood Pressure Concerns
- Blood Sugar Concerns
- Canker Sores
- Carpal Tunnel Syndrome
- Cholesterol Concerns
- Chronic Fatigue Syndrome
- Cold Sores
- Cuts, Scrapes, Broken Skin, Bleeding
- Digestive / Intestinal Concerns
- Facial Skin Concerns
- Fatigue
- Fibromyalgia
- Gum Conditions
- Hair Problems
- Joint Pain and Stiffness
- Menopausal Symptoms
- Mood Swings
- Motion Sickness and Nausea
- Muscle Aches
- Nail Conditions
- Premenstrual Syndrome and Menstrual Concerns
- Respiratory Conditions
- Skin Conditions: Chronic
- Skin Irritations
- Sleep Disturbances
- Vision Loss
- Weight Management

Your Contact Information:

Your Watkins Associate:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_