



Introducing: Watkins Immunergy™

*Formulated by physicians to support the immune system and healthy energy levels.**

Watkins Immunergy™ is physician formulated to provide natural immune support plus a caffeine free energy boost using only all natural ingredients, colors and flavors.* Its exclusive blend of eight Fruit and Herb Seed Powders is high in antioxidants, which protect and repair cells from damage caused by free radicals.* This exclusive formula also contains D-ribose, which is a critical ingredient in promoting natural energy production by playing a vital role in the production of ATP (Adenosine Triphosphate), which is an indispensable high energy food needed by every cell in the body.

- 100% All Natural Ingredients
- Promotes Daily Immune System Function*
- Promotes Energy Levels & Metabolism*
- 8 individual servings – great for travel
- Just add to Water
- Tastes Great

The Cold Press Process

Our proprietary cold press process of fruit and herb seeds yields incredibly potent powders without the use of harsh chemicals or high temperatures. During the cold press process, nothing is added to the seeds, so the flours are pure and unadulterated.

Supplement Facts

Serving Size: 1 Packet .35 oz

	Amount Per Serving	% DV**
Calories	20	
Total Carbohydrate	5 g	2%
Sugars	5 g	†
Vitamin C (as Ascorbic Acid)	500 mg	833%
Sodium	100 mg	4%
Potassium	300 mg	9%
Watkins exclusive Fruit and Herb Seed	900 mg	†
Nutri-Powder Blend:		
Chardonnay Grape seed (Vitis vinifera), Blueberry seed (Vaccinium corymbosum), Cranberry seed (Vaccinium macrocarpon), Red Raspberry seed (Rubus idaeus), Black Raspberry seed (Rubus occidentalis), Pomegranate seed (Punica granatum), Black Cumin (Nigella sativa), Milk Thistle seed (Silybum marianum)		
D-Ribose	600 mg	†

**Percent Daily Value based on a 2,000 calorie diet.

† Daily Value (DV) not established.

Other Ingredients: Fructose (natural sweetener), Citric Acid (natural flavor enhancer), Potassium Bicarbonate (effervescence), Natural Flavor, Sodium Bicarbonate (effervescence), Stevia (natural sweetener), Grape Skin Extract (natural color), Carmine Extract (natural color).

Directions: Adults and children 12 years of age or older, pour packet into a glass or bottle of water (8 fl. oz.) and drink. Take 1 packet daily for best results. Recommend 1 packet every three hours up to three times daily prior to air travel or other times when you need additional immune support.

Claim Sources/Educational Information

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Whitney, Eleanor, and Sharon Rolfes. *Understanding Nutrition*. 6th ed. St. Paul, MN: West Publishing Company, 1993. Print.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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