

Resist Plus

(U.S. product)

Article No. 02272 (30-day supply)

Resist Plus can help to:

- Boost immunity*
- Maintain healthy intestinal flora*
- Reduce symptoms of lactose intolerance*
- Maintain healthy cholesterol levels*
- Reduce frequency & severity of headaches*
- Reduce allergic reactions*
- Ease gastrointestinal discomfort*
- Enhance absorption of calcium*
- Produce B vitamins in the body*
- Aid in digestion*

Feel great all year long! While Resist Plus offers tremendous immune-enhancing benefits during the winter months, you can continue to reap the benefits of Resist Plus all year long! ImmunEnhancer™—an extract of the larch tree—is twice as effective as echinacea in boosting the immune system.* And Lactospore®, FOS and arabinogalactan support healthy intestinal flora and help to block harmful invaders from attacking the body, helping to ease allergy symptoms, headaches, lactose intolerance and gas and bloating while helping to maintain normal intestinal function.* Resist Plus also helps to maintain healthy cholesterol levels and enhance absorption of calcium.* Our herbal immune support blend helps you maintain a healthy lifestyle and keep you living well!* 60 caplets; two per day.

- **ImmunEnhancer™ with arabinogalactan:** This extract of the larch tree is twice as effective as echinacea in boosting the immune system.*
- **Herbal immune support blend:** Standardized astragalus root, elderberry concentrate and olive leaf extract help to boost the immune system.*
- **Lactospore® and patented immune-stimulating oligosaccharides from FOS, dahlia and arabinogalactan:** The body's first line of defense from harmful organisms.*
- **Watkins Bio-Activator™ Blend (Black Pepper and Ginger):** Scientific studies strongly suggest that black pepper and ginger may help to protect and maximize the potency of vitamins and nutrients in the body.*

Take Resist Plus with Watkins Superfood Multiple for maximum effectiveness.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



Supplement Facts

Serving Size 2 Caplets

Servings Per Container 30

	Amount Per Serving	%DV†
Lactospore® (microencapsulated Lactobacillus sporogenes cells)	300 million organisms	†
Patented immune-stimulating oligosaccharides	500 mg	†
Dahlulin PB™ FOS [fructo-oligosaccharides from chicory root and dahlia tuber (Dahlia variabilis)]		
ImmunEnhancer™ [arabinogalactan from larch tree (Larix spp.)]		
Herbal Immune Support Blend	400 mg	†
Astragalus root standardized extract (Astragalus membranaceus), elderberry juice concentrate (Sambucus nigra), olive leaf 4:1 extract		
Watkins Bio-Activator™ Blend	50 mg	†
Black pepper fruit, ginger root, cellulase plant enzyme		

†Daily Value (DV) Not Established.

Other ingredients: Dicalcium phosphate, cellulose, cellulose gum, stearic acid, silica, magnesium stearate, pharmaceutical glaze. Contains Milk.

Directions: For adults: take 2 caplets daily. Consult your physician before taking any dietary supplement. Keep out of reach of children. Do not use if safety seal is broken. Store at 59°–86°F and away from heat, light, and moisture.

Testimonials—

These are personal testimonials. Individual results may vary. Consult your physician before taking any dietary supplements.

"I love Watkins Rezist Plus because I have allergy and sinus problems and since taking Rezist Plus I haven't been suffering with either of these, nor have I had a cold or any other upper respiratory problems. It has truly enhanced my life. I am a professional vocalist and cannot get sick!"

—**Suzanne Kyc,**
Independent Watkins Associate, Michigan

"I live in California's central valley and allergies have always been a problem for me. I started taking Watkins Rezist Plus regularly and I have made it through the allergy season with no symptoms whatsoever, and have not had to take any allergy medications. I haven't been sick at all, even though several "bugs" have been going around. Thank you, Watkins, for such a wonderful product."

—**Greg Ellis,**
Independent Watkins Associate, California

"I used to get sinus infections every month due to allergies. Since I've been using Watkins Rezist Plus along with Superfood Multiple, I have not had any infections, nor any cold or flu symptoms at all. Watkins Superfood Multiple and Rezist Plus are saving my family hundreds of dollars in doctor bills."

—**Laurie Bird,**
Independent Watkins Associate, Arizona

"I have been plagued with allergies all year round for most of my adult life. I have had to use allergy pills every day for the past 10 years and had tried to get off of medication, but with no success...that is, until I started taking Watkins Rezist Plus. I began to reduce my dosage of medication while taking Rezist Plus, and now I am completely off of medication and feeling a lot better while continuing to take Rezist Plus. I take Watkins Rezist Plus everyday. When I have a reaction to something in the air or environment, I take another dose of Rezist Plus and within 30 minutes the reaction has subsided. It's wonderful to see others' expressions when they see the difference. Thank you, Watkins, for making my allergies more manageable with Rezist Plus."

—**Debra Killam,**
Independent Watkins Associate, New Brunswick

"For years I've had allergy symptoms, such as a runny nose, etc. I started taking Watkins Rezist Plus and have had little or no allergy symptoms for over a year."

—**Dean Gengler,**
Independent Watkins Associate, Kansas

"While I have always looked forward to winter activities, including hockey and skiing, my enthusiasm was always tempered by the knowledge that the inevitable cold or flu would subdue me for lengthy periods. But no more! Since Watkins introduced Rezist Plus, I have been taking it every day, and I have not suffered from any debilitating illnesses—no cold, no flu—not even for a single day! I can now enjoy outdoor activities all year long. Watkins has truly enhanced my life. Thanks, Watkins!"

—**Lorne Kazmir,**
Independent Watkins Associate, Saskatchewan

"My oldest son wanted to take Rezist Plus because he knew it would help fight colds and flu, but the spin-off is that he suffered from what I called 'allergy to the morning.' Certain times of the year he would wake up sneezing and coughing and would have a runny nose for a couple of hours every morning. He found that when he was taking Rezist Plus he wasn't having that reaction when he woke up. It was only when he ran out of Rezist Plus and stopped taking it and all of those symptoms came back, that he realized that it was the Rezist Plus that was helping him to avoid those allergic reactions every morning. It's a wonderful product and I've told lots of people who have allergies to try Rezist Plus. It certainly has made a difference in my son's life."

—**Lee Baxevanidis,**
Independent Watkins Associate,
British Columbia

"Before taking Watkins Rezist Plus, I suffered from frequent colds and flu, as well as allergies and ear infections. Since taking Rezist Plus, I have not suffered from any of these. I won't go a day without it!"

—**Beth Berezansky Haniak,**
Independent Watkins Associate, Michigan

"I have been taking Watkins Rezist Plus for two years and seven months and have not had a sinus infection or pneumonia in all that time! My allergies have also been minimal. Before Rezist Plus, I was taking antihistamines, decongestants, nasal inhalers and bronchial inhalers. Now I just take one or two Rezist Plus a day with Superfood Multiple and don't suffer from infection or allergies. Marvelous product!"

—**Rita Kislenger,**
Independent Watkins Associate, Minnesota