

## Rezist Plus

(U.S. product)

Article No. 02272 (30-day supply)

Rezist Plus can help to:

- Boost immunity\*
- Maintain healthy intestinal flora\*
- Reduce symptoms of lactose intolerance\*
- Maintain healthy cholesterol levels\*
- Reduce frequency & severity of headaches\*
- Reduce allergic reactions\*
- Ease gastrointestinal discomfort\*
- Enhance absorption of calcium\*
- Produce B vitamins in the body\*
- Aid in digestion\*

Feel great all year long! While Rezist Plus offers tremendous immune-enhancing benefits during the winter months, you can continue to reap the benefits of Rezist Plus all year long! ImmunEnhancer™ — an extract of the larch tree — is twice as effective as echinacea in boosting the immune system.\* And Lactospore®, FOS and arabinogalactan support healthy intestinal flora and help to block harmful invaders from attacking the body, helping to ease allergy symptoms, headaches, lactose intolerance and gas and bloating while helping to maintain normal intestinal function.\* Rezist Plus also helps to maintain healthy cholesterol levels and enhance absorption of calcium.\* Our herbal immune support blend helps you maintain a healthy lifestyle and keep you living well!\* 60 caplets; two per day.

- **ImmunEnhancer™ with arabinogalactan:** This extract of the larch tree is twice as effective as echinacea in boosting the immune system.\*
- **Herbal immune support blend:** Standardized astragalus root, elderberry concentrate and olive leaf extract help to boost the immune system.\*
- **Lactospore® and patented immune-stimulating oligosaccharides from FOS, dahlia and arabinogalactan:** The body's first line of defense from harmful organisms.
- **Watkins Bio-Activator™ Blend (Black Pepper and Ginger):** Scientific studies strongly suggest that black pepper and ginger may help to protect and maximize the potency of vitamins and nutrients in the body.\*

Take Rezist Plus with Watkins Superfood Multiple for maximum effectiveness.

*\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.*



### Supplement Facts

Serving size 2 caplets

Servings per container 30

	Amount per 2 caplets	%DV
Lactospore® (microencapsulated Lactobacillus sporogenes cells)	300 million	†
Patented immune-stimulating oligosaccharides: Dahlulin PB™ FOS [fructo-oligosaccharides from chicory root and dahlia (Dahlia Variabilis) (tuber)] ImmunEnhancer™ [arabinogalactan from larch tree (Larix sp.)]	500 mg	†
Herbal immune support blend: Astragalus root standardized extract (Astragalus membranaceus), elderberry juice concentrate, and olive leaf 4:1 extract (Olea europea)	400 mg	†
Watkins Proprietary Bio-Activator™ Blend: Black pepper fruit, ginger root, cellulase plant enzyme	50 mg	†

†Daily value (DV) not established

Other ingredients: Dibasic calcium phosphate, microcrystalline cellulose, cellulose gum, stearic acid, silicon dioxide, magnesium stearate, pharmaceutical glaze.

Directions: For adults: take 2 caplets daily.

### Testimonials—

*These are personal testimonials. Individual results may vary. Consult your physician before taking any dietary supplements.*

"I love Watkins Resist Plus because I have allergy and sinus problems and since taking Resist Plus I haven't been suffering with either of these, nor have I had a cold or any other upper respiratory problems. It has truly enhanced my life. I am a professional vocalist and cannot get sick!"

—**Suzanne Kyc, Michigan**

"I live in California's central valley and allergies have always been a problem for me. I started taking Watkins Resist Plus regularly and I have made it through the allergy season with no symptoms whatsoever, and have not had to take any allergy medications. I haven't been sick at all, even though several "bugs" have been going around. Thank you, Watkins, for such a wonderful product."

—**Greg Ellis, California**

"I used to get sinus infections every month due to allergies. Since I've been using Watkins Resist Plus along with Superfood Multiple, I have not had any infections, nor any cold or flu symptoms at all. Watkins Superfood Multiple and Resist Plus are saving my family hundreds of dollars in doctor bills."

—**Laurie Bird, Arizona**

"I have been plagued with allergies all year round for most of my adult life. I have had to use allergy pills every day for the past 10 years and had tried to get off of medication, but with no success...that is, until I started taking Watkins Resist Plus. I began to reduce my dosage of medication while taking Resist Plus, and now I am completely off of medication and feeling a lot better while continuing to take Resist Plus.

"I take Watkins Resist Plus everyday. When I have a reaction to something in the air or environment, I take another dose of Resist Plus and within 30 minutes the reaction has subsided. It's wonderful to see others' expressions when they see the difference.

"Thank you, Watkins, for making my allergies more manageable with Resist Plus."

—**Debra Killam, New Brunswick**

"For years I've had allergy symptoms, such as a runny nose, etc. I started taking Resist Plus and have had little or no allergy symptoms for over a year."

—**Dean Gengler, Kansas**

"While I have always looked forward to winter activities, including hockey and skiing, my enthusiasm was always tempered by the knowledge that the inevitable cold or flu would subdue me for lengthy periods. But no more! Since Watkins introduced Resist Plus, I have been taking it every day, and I have not suffered from any debilitating illnesses—no cold, no flu—not even for a single day! I can now enjoy outdoor activities all year long. Watkins has truly enhanced my life. Thanks, Watkins!"

—**Lorne Kazmir, Saskatchewan**

"My oldest son wanted to take Resist Plus because he knew it would help fight colds and flu, but the spin-off is that he suffered from what I called 'allergy to the morning.' Certain times of the year he would wake up sneezing and coughing and would have a runny nose for a couple of hours every morning. He found that when he was taking Resist Plus he wasn't having that reaction when he woke up. It was only when he ran out of Resist Plus and stopped taking it and all of those symptoms came back, that he realized that it was the Resist Plus that was helping him to avoid those allergic reactions every morning. It's a wonderful product and I've told lots of people who have allergies to try Resist Plus. It certainly has made a difference in my son's life."

—**Lee Baxevanidis, British Columbia**

"Before taking Watkins Resist Plus, I suffered from frequent colds and flu, as well as allergies and ear infections. Since taking Resist Plus, I have not suffered from any of these. I won't go a day without it!"

—**Beth Berezansky, Michigan**